



The Healing HeART Program addresses adults, educators and executives affected by or working in careers with individuals that face a high level of racial disproportionality and disparity. Participants within this program are generally those who work with or are directly affected by gun violence, peer, and community violence, acts of violence and other traumatic events that leave unseen scars. The project focuses on helping individuals understand how to better recognize their own implicit biases, structural racism and how people of color are disproportionately affected by gun violence and what they can do to be a part of the solution and not a part of the problem.

This process uses art as a catalyst for change by pairing groups with an artist in one of many mediums, painting, drawing, sculpture, wood works, metal works, abstract, photography, videography, to attend healing and coping sessions while creating meaningful art with a lesson. These workshops ultimately lead to greater self-awareness, public awareness, conscientious personal action, thoughtful community action, and more equitable relationships in the workplace overall.

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Art is My Weapon

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